

Collaborative Education Series

On-Demand: Carpal and Tarsal Injuries in Athletics

CAT A Presentation

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's,
other medical professionals
and students.

Date: On-Demand

Time: On-Demand

Tuition:
\$30.00

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

Program Date: September 11, 2024
Release as On-Demand Date: September 18, 2024
Expiration Date: September 18, 2027

Presenters:

ON-DEMAND- **Elaine Balutis, MD**
ON-DEMAND- **Brian Loring, DPM**

MaineGeneral Orthopedics
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- Injuries to the hands and feet are often more complicated than expected in the athletic population. An intricate network of ligaments, nerves, bones and other soft tissue can make diagnosis of these injuries difficult. Athletic Trainers and other healthcare professionals may have difficulties assessing these injuries and understanding the impact of a missed diagnosis or improper treatment that could affect patient's long-term health. This program will review important anatomy, improve diagnostic techniques by improving confidence and accuracy, as well as compare the treatment options available for various injuries.

- By participating in this program, the athletic trainer and other health care providers will be able to identify more specifically, the injuries that may occur within the tarsal or carpal bones of the ankle/foot and wrist/hand. This will help the athlete to better recover with early intervention and treatment. Further education for the practitioner of such injuries will allow the practitioner to manage these injuries by early and accurate identification of the injury, making the referral in a timely manner and increasing the possibility of favorable outcomes for the future use of the ankle/foot or wrist.

Objectives:

- Identify the anatomy of the hand and foot.
- Diagnose various bony, ligamentous, and other soft tissue injuries to the hand and foot.
- Explain surgical and conservative treatment options available for hand and foot injuries.

To view all our BOC On-Demand Programs:
SCAN



For AT's, PT's, OT's EMT's, MA's



According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 2 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (2) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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